



SAHMRI
South Australian Health &
Medical Research Institute

'Lets Talk About It'

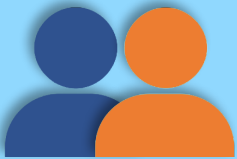


Flinders
UNIVERSITY

2380 South Australians aged 16–29 years
completed the survey over 6 weeks in
July–August 2019



Demographics

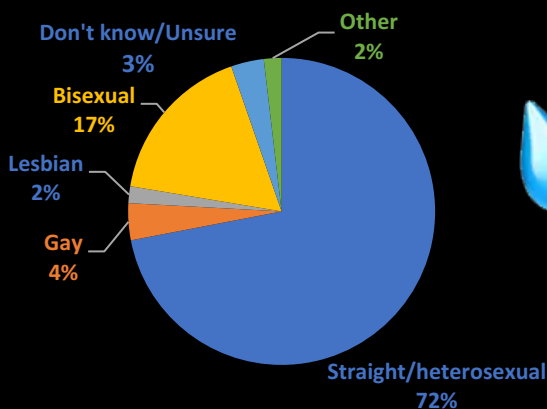


- Average age **21** years
- **52%** female, **46%** male, **1%** trans, **1%** other
- **10%** Aboriginal and/or Torres Strait Islander
- **93%** born in Australia
- **62%** studying (**43%** secondary, **55%** uni/TAFE/college, **2%** other)
- **73%** working (**51%** part-time, **22%** full-time)
- **61%** lived with parents, **22%** lived with partner

Relationships

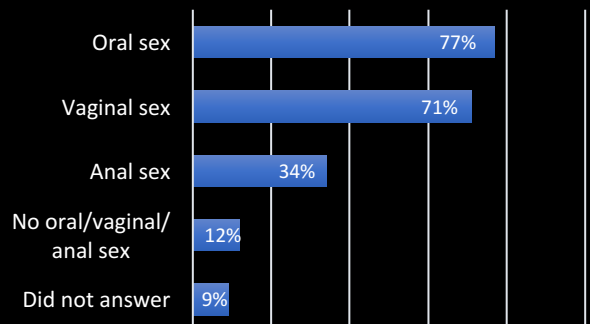
- **22%** married or defacto
- Amongst sexually experienced:
 - **71%** had a regular sexual partner
 - **57%** had one sexual partner in past year
 - **88%** with a regular partner only had sex with their partner
 - Last sex was wanted by **95%**
 - **33%** used internet/mobile apps to find partners

Current sexual identity



Sexual behaviours

78% had experienced oral, vaginal or anal sex



Condom use

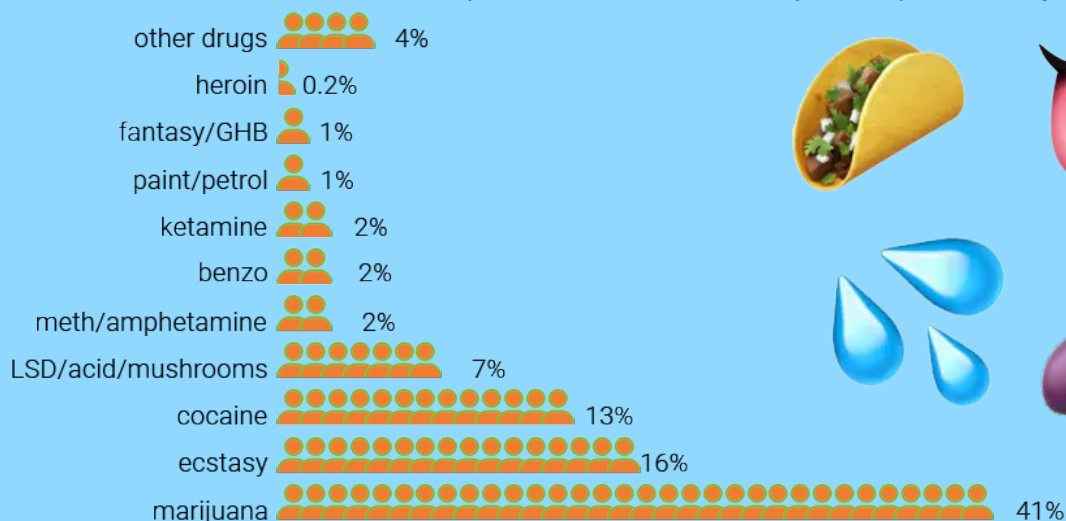
Always used condoms in past 12 months
21% with a regular partner
36% with a casual partner

Contraception

Three most common forms of contraception used the last time they had sex
39% Condom
34% Oral contraceptive pill
17% Withdrawal method

Smoking, alcohol and other drug use in last 12 months

- 15% smoked cigarettes
- 90% drank alcohol
 - 40% of those drank at least once per week and 40% at risky levels (>4 drinks per session)

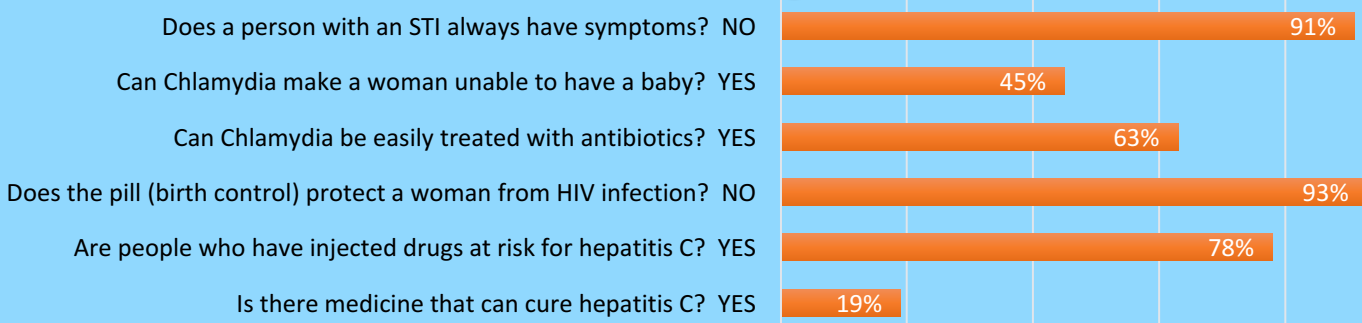


- 19% were drunk or high the last time they had sex

Testing for Sexually Transmissible Infections (STIs), HIV and viral hepatitis

- 43% ever tested for STIs (50% of those with previous oral/vaginal/anal sex)
- Of those ever tested:
 - 70% tested at a G.P. clinic, 25% tested at a sexual health clinic
 - 22% diagnosed with an STI
 - Most common STI was **chlamydia**
- 25% ever tested for HIV
 - <1% of those tested diagnosed with HIV
- 22% ever tested for hepatitis C
 - <1% of those tested were **hepatitis C positive**
 - 4% of those tested for **hepatitis C** were treated previously

Knowledge



- 75% correctly answered at least 6/10 questions
- **Source of sexual health information:** 43% internet; 21% school / uni / TAFE; 20% GP

Thank you to all the young people who completed the survey.
Please contact Associate Professor James Ward james.ward@sahmri.com or Dr Salenna Elliott salenna.elliott@sahmri.com if you have any questions.

